

Headline **Dutch AIDS case shows how vims spreads early**  
Date **06 Dec 2009**  
MediaTitle **Daily Express**  
Section **World**  
Journalist **N/A**  
Frequency **Daily (EM)**  
Circ / Read **29,826 / 97,836**

Language **English**  
Page No **12**  
Article Size **61 cm<sup>2</sup>**  
Color **Black/white**  
ADValue **126**  
PRValue **377**



## Dutch AIDS case shows how virus spreads early

**WASHINGTON:** Newly infected AIDS patients rarely know they have the virus and can continue their high-risk behaviour just when they are the most infectious, Dutch researchers reported.

They said the case of a man freshly infected with the AIDS virus demonstrated the dangers of relying on quick HIV tests if patients have flu-like symptoms.

The 49-year-old man tested negative at an Amsterdam clinic using a standard quick test for the virus, but more sophisticated, time-consuming tests later showed the patient in fact did have a large amount of HIV in his blood, Henry de Vries of the University of Amsterdam and colleagues reported.

“Recent infections are characterized by a highly infectious phase and, if gone unnoticed, can have a large contribution to the ongoing transmission of HIV,” De Vries and colleagues wrote in the online journal *Eurosurveillance*. – Reuters