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HEALTH

(DAILY)

■ **HOSPITAL VISITORS BOARD OF QUEEN ELIZABETH HOSPITAL** Our role is to help the public who seek medical services at QEH to have a satisfying experience – if you have problems with the hospital services, please approach us. Call: 517555. Fax: 234297 or email: ckmalph@gmail.com.

■ **BREAST CANCER SUPPORT GROUP – REACH TO RECOVERY (RTR), SABAH FAMILY PLANNING ASSOCIATION** Listening and offering emotional support to newly and existing Diagnosed Breast Cancer patients and their families. Details: Bhabra 019-8819603, 224408, Kim 016-8155212 / 430341 or Lucilla 019-8101826 / 210570.

■ **THE KOTA KINABALU AIDS SUPPORT SERVICES ASSOCIATION (KASIH)** Help Line & Free Voluntary HIV Screening Tests, except Sun & Public Holidays. Office hours. Time: 9am to 5pm. Fri: 6pm to 9pm. Sat: 4pm to 7pm. Provide confidential / free voluntary HIV screening test (Rapid Test) during office hours, Mon to Fri. Result available 10 to 15 minutes. Details: 224600.

■ **NATIONAL STROKE ASSOCIATION OF MALAYSIA SABAH CLUB** Wisma Pandu Puteri, Kompleks Badan-Badan Sukarela, KM 4, Jalan Tuaran, KK. Therapy Sessions: 10am to 4pm. Mon to Fri. Closed on Sat, Sun & Public Holidays. Details: 261568.

■ **FEDERATION OF PRIVATE MEDICAL PRACTITIONERS ASSOCIATION OF MALAYSIA (FPMPAM)** The public can obtain medical opinions, referrals or treatment for crisis intervention, detoxification, prevention & counselling for drug abuse via www.no2drugs.org.

(EVERY FRIDAY)

■ **SABAH HEALTH DEPARTMENT (KPAS UNIT)** Health Talk and Employment Safety (2nd & 4th Friday of the month). Free admission. All are welcome. Details: En Harman 217408, 871877. Fax: 217740 or email: kbrusell@gmail.com

(EVERY SATURDAY)

■ **SPECIAL OLYMPICS SABAH** Weekly Jogging exercise (SO West Coast). Details: 016-8807703 or 223221.

■ **KOTA KINABALU FALUN GONG** Exercise Sessions every Saturday & Sunday. Free of Charge. All are welcome, Details: Kota Kinabalu 013-870-6558 Sandakan 089-229626, 089-229023 and Tawau 019-8536333.

■ **THE CANCER SOCIETY OF SABAH** Provide services on Hospice, Cancer awareness / Education, Rural health project. Hotline / Counselling pertaining to cancer & clinic by a lady consultant Gynaecologist. Details: 210377 or 222315.