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## Charities, NGOs

(Daily)

**Hospital Visitors Board Of Queen Elizabeth Hospital** our role is to help the public who seek medical services at QEH to have a satisfying experience – if you have problems with the hospital services, please approach us. call: 517555. fax: 234297 or email: ckmalph@gmail.com.

**Breast Cancer Support Group** – reach to recovery (rtr), sabah family planning association listening and offering emotional support to newly and existing diagnosed breast cancer patients and their families. details: bhavra 019-8819603, 224408, kim 016-8155212 / 430341 or lucilla 019-8101826 / 210570.

**The Kota Kinabalu Aids Support Services Association (KASIH)** help line & free voluntary hiv screening tests, except sun & public holidays. office hours. time: 9am to 5pm. fri: 6pm to 9pm. sat: 4pm to 7pm. provide confidential / free voluntary hiv screening test (rapid test) during office hours, mon to fri. result available 10 to 15 minutes. details: 224600.

**National Stroke Association Of Malaysia Sabah** club wisma pandu puteri, kompleks badan-badan sukarela, km 4, jalan tuaran, kk. therapy sessions: 10am to 4pm. mon to fri. closed on sat, sun & public holidays. details: 261568.

**Federation Of Private Medical Practitioners Association Of Malaysia (FPMPAM)** the public can obtain medical opinions, referrals or treatment for crisis intervention, detoxification, prevention & counselling for drug abuse via [www.no2drugs.org](http://www.no2drugs.org).

**Sabah Health Department (KPAS Unit)** health talk and employment safety (2nd & 4th friday of the month). free admission. all are welcome. details: en harman 217408, 871877. fax: 217740 or email: kbrusell@gmail.com

**Special Olympics Sabah** weekly jogging exercise (so west coast). details: 016-8807703 or 223221.

**Kota Kinabalu Falun Gong** exercise sessions every saturday & sunday. free of charge. all are welcome, details: kota kinabalu 013-870-6558 sandakan 089-229626, 089-229023 and tawau 019-8536333.

**The Cancer Society Of Sabah** provide services on hospice, cancer awareness / education, rural health project. hotline / counselling pertaining to cancer & clinic by a lady consultant gynaecologist. details: 210377 or 222315.

**The Befrienders Kota Kinabalu** listening to problems from the public and offering emotional support. open on weekdays from 7pm 10pm. call: 255788 or 259788.

**Sabah Society For The Deaf** registration for pre-school deaf children ages 2 – 6 & hearing sibling ages 2 – 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premise, jalan khidmat, bukit padang, kk. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

**People For The Ethical Treatment Of Animal (PETA)** details: anneleefm@yahoo.com, [anneleefm@gmail.com](mailto:anneleefm@gmail.com) or call: 253485 or visit [www.peta.org](http://www.peta.org), [www.spcai.org](http://www.spcai.org) and cat training toilet program: [www.kittygoespoty.com](http://www.kittygoespoty.com). cats protectors: [www.cats.org.uk](http://www.cats.org.uk) and dog doctor : [www.animalasia.org](http://www.animalasia.org), [www.wspca.org.uk](http://www.wspca.org.uk) and the stray cat care and protection trap, neuter, return : [www.straycataliance.org](http://www.straycataliance.org)

**Sabah Society** for the deaf registration for sign language class. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

**Sabah Women Action Resource Group (SAWO)** helpline to provide free & confidential counselling services & information to members of public. call: 280200 mon to fri. time: 9am to 1 pm.

**Penampang Cash** offers the public an avenue to voice their complaints on consumerism issues. call: 013-8515505 or 729681 (o).

**D-dash Compact Car Club** welcomes all perodua and compact car owners to join in the club membership. for more info on club weekly gathering and events contact martin 019-8036019 or [d-dashclub.fotopages.com](http://d-dashclub.fotopages.com).

**Malaysian Trade Union Congress (MTUC) Sabah Division** provides free consultation & advice to all workers. details: simon 013-8665897, harold 019-8965304, catherine 013-8503039, malsu 019-8002118 or chang 016-5836670.

**Sabah Government Pensioners' Association** membership recruitment exercise & pensioners' problem 9.30am to 1.30pm (tues- fri, except public holidays) blood pressure checking 10am to 12pm (tues except public holidays ) at maksak, likas. details: (kk) anna 211282, dennis 016-8189110, dr. epin 019-8101937, joe jominol 013-8692888.

**Agriculture Institute Of Sabah Alumni Association** membership drive. information to obtain membership forms from various district near you, contact maidah 019-8414088 or leong 019-8515893 or email [exipstm@yahoo.com.my](mailto:exipstm@yahoo.com.my).

**Sabah Society For The Deaf** education centre registration for pre-school deaf children ages 2 - 6 & hearing siblings ages 2 - 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premises, jln ukm lama bukit padang. details: kk (hq) ms chin 230894, sandakan mdm wong 089-219160, keningau ms mahinah 087-339716.

**Kent Teachers College** alumni association membership drive. membership forms are available at all district education offices in sabah. details: a. tajuddin 787581, 019-537-1178 or eddy berhan 016-8223757.

**Kota Kinabalu City Bird** sanctuary resources library is free for public to use. details: 246955 or fax: 247955.

**Kiwanis Down Syndrome Foundation KK** centre open to all, accept children with downs syndrome below the age of 7. details: raneh 219809, fax: 219808.

**Sabah Tham Clan Association** statewide membership recruitment exercise. contact: william 088-214816 or 016-8389282.

**Consumers' Association Of Sabah & Labuan F.T (CASH & LFT)** seminar / talks consumer issues-your rights as consumer, how to complain and get effective results, know about consumer laws, tribunal for consumer claims, environmental, human rights & civil society. except saturday, sunday and public holiday. tel/fax: 234616 datuk patrick sindu (jp) 019-811-7369 or [ps\\_sindu@tmnet.my](mailto:ps_sindu@tmnet.my)

**United Pasokmomogun Kadazandusun Murut Organisation (UPKO)** offer opportunities to the public to voice their complaints on various issues and offer advice to the complainants on how to go about their grouses. monday to friday. call: 721722 & 721723 or homepage:[www.upko.org.my](http://www.upko.org.my)

**Queen Elizabeth Hospital** welfare & cultural association nursery and day-care centre open for registration for members & non-members. details: lucia at tel: 210194 (after office hours).

**Alcoholics Anonymous Meeting.** help available for those with alcohol related problems. *anonymity assured.* meetings in english every tuesday at 8pm. bahasa malaysia every thursday at 7pm. details: 012-8039883 (eng) or 016-8386386 (bm).

**Kota Kinabalu Toastmasters Club** training can assist you to enhance your communication and leadership skills. kk toastmasters club meets every 2<sup>nd</sup> 4<sup>th</sup> tuesdays at celyn hotel, city mall. time: 7.30pm. details: florence 012-8038812 or karen 016-8387723 or [www.kktrmc.org](http://www.kktrmc.org)

**Malaysian Ex-police Association (Penampang Branch)** membership recruitment exercise and other related matters. time: 2pm to 5pm (wednesday, thursdays & friday), except public holidays. venue: pme, 1<sup>st</sup> floor, lot 3, block 15, penampang baru (protem office). details: joseph 016-8213013,

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710557 (o) or 714557 (fax).

**Palliative Care Association Of Kota Kinabalu (Sabah)** day care service for palliative home care patients. details: pcakk 231505 (angela).

**La Salle Old Boys' (Class Of 83)** monthly gathering (1st friday of every month). venue: al fresco café, lintas plaza. time: 8pm (committee meeting at 7pm). details: boniface 019-8022148, benjamin 019-8808276, james 019-8106161, bernard 019-8608018, barry 016-8405320, danny 016-8469067, bartholomew 0168301000, christopher 013-8603013, lai kok phin 016-8361940, zainuddin 019-8829258, judith lupi, angela ubu & rosemary apling.

**KK Mandarin Toastmasters Club** regular training meeting. time: 7.30pm. (2nd & 4th friday of each month). venue: lot k, 1st floor, khidmat arcade (above khidmat supermarket), lorong 5, taman khidmat kolombong. details: randy 012-8285678 or doreen 019-8808212.

**Malaysian Red Crescent**, sabah branch introduction of first aid & cpr for public. every 3<sup>rd</sup> week of the month (sat – sun).

details: 242648 or fax: 240776. email: mrcssb12@gmail.com.

**Fama Pasar Tani Asia City.** variety of vegetables, fishes, sugar cane juice, soya bean milk, pastries and many other food items will be on sale. every wednesday & saturday. time: 6am to 5pm. all are welcome. details: wasri 013-5555451.

**Habitat For Humanity KK** we welcome volunteers to join us in our house builds on saturdays. those with masonry & carpentry skills are most welcome. details: 243080.

**Pewasa Ict Class Every Saturday.** venue: head office, Beverly hill plaza. free-of-charge. details: anne 019-8118161 or hasnah 016-8107083.

**The Sandakan Lawyers** free legal aid service to the public on the saturday of every fortnight. time: 10am to 12pm. all are welcome. details: 215609.

**Sabah Muslim Women Lawyers Association (SALWA)** syariah legal advice & consultation (2nd & 4th sat) details: 319177, 013-8706465, 013-8757790, 013-8705308.