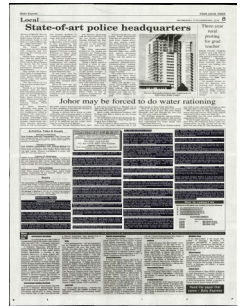


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Charities, Ngos

February 23 (Tuesday)

Sabah Credit Corporation Blood Donation Campaign in conjunction with SCC 55th Anniversary to support the Blood Bank, Q.E Hospital. All are invited. Time: 8.30am to 4pm. Venue: 3rd Floor, Wisma PPS, Donggongan New Township, Penampang. Details: Janeta or Rachelina 323888.

Che Hor Khor Moral Uplifting Society recycling collection station. waste paper (newspaper, cardboard boxes, magazines, books, phone books, paper bags and clothing). *open on the first sunday of every month.* time: 8am to 11.30am. venue: fortuna commercial centre, mile 2.5, Penampang road. details: 224535 or lee 013-8567968.

Hospital Visitors Board Of Queen Elizabeth Hospital our role is to help the public who seek medical services at QEH to have a satisfying experience – if you have problems with the

hospital services, please approach us. call: 517555. fax: 234297 or email: ckmalph@gmail.com.

Breast Cancer Support Group – reach to recovery (rtr), sabah family planning association listening and offering emotional support to newly and existing diagnosed breast cancer patients and their families. details: bhabra 019-8819603, 224408, kim 016-8155212 / 430341 or lucilla 019-8101826 / 210570.

The Kota Kinabalu AIDS Support Services Association (KASIH) help line & free voluntary hiv screening tests, except sun & public holidays. office hours. time: 9am to 5pm. fri: 6pm to 9pm. sat: 4pm to 7pm. provide confidential / free voluntary hiv screening test (rapid test) during office hours, mon to fri. result available 10 to 15 minutes. details: 224600.

National Stroke Association of Malaysia Sabah club wisma pandu puteri, kompleks badan-badan sukarela, km 4, jalan tuaran, kk. therapy sessions: 10am to 4pm. mon to fri. closed on sat, sun & public holidays. details: 261568.

Federation of Private Medical Practitioners Association of Malaysia (FPMAM) the public can obtain medical opinions, referrals or treatment for crisis intervention, detoxification, prevention & counselling for drug abuse via www.no2drugs.org.

Sabah Health Department (KPAS Unit) health talk and employment safety (2nd & 4th friday of the month). free admission. all are welcome. details: en harman 217408, 871877. fax: 217740 or email: kbrusell@gmail.com

Special Olympics Sabah weekly jogging exercise (so west coast). details: 016-8807703 or 223221.

Kota Kinabalu Falun Gong exercise sessions every saturday & sunday. free of charge. all are welcome, details: kota kinabalu 013-870-6558 sandakan 089-229626, 089-229023 and tawau 019-8536333.

The Cancer Society Of Sabah provide services on hospice, cancer awareness / education, rural health project. hotline / counselling pertaining to cancer & clinic by a lady consultant gynaecologist. details: 210377 or 222315.

The Befrienders Kota Kinabalu listening to problems from the public and offering emotional support. open on weekdays from 7pm 10pm. call: 255788 or 259788.

Sabah Society For The Deaf registration for pre-school deaf children ages 2 – 6 & hearing sibling ages 2 – 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premise, jalan khidmat, bukit pandang, kk. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

People for the Ethical Treatment of Animal (PETA) details: anneleefm@yahoo.com, anneleefm@gmail.com or call: 253485 or visit www.peta.org, www.spcai.org and cat training toilet program: www.kittygoespotty.com. cats protectors: www.cats.org.uk and dog doctor : www.animalasia.org, www.wspca.org.uk and the stray cat care and protection trap, neuter, return : www.straycatalliance.org

Sabah Society for the Deaf registration for sign language class. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

Sabah Women Action Resource Group (SAWO) helpline to provide free & confidential counselling services & information to members of public. call: 280200 mon to fri. time: 9am to 1pm.

Penampang Cash offers the public an avenue to voice their complaints on consumerism issues. call: 013-8515505 or 729681 (o).

D-dash Compact Car Club welcomes all perodua and compact car owners to join in the club membership. for more info on club weekly gathering and events contact martin 019-8036019 or d-dashclub.fotopages.com.

Malaysian Trade Union Congress (MTUC) Sabah Division provides free consultation & advice to all workers. details: simon 013-8665897, harold 019-8965304, catherine 013-8503039, malsu 019-8002118 or chang 016-5836670.

Sabah Government Pensioners' Association membership recruitment exercise & pensioners' problem 9.30am to 1.30pm (tues- fri, except public holidays) blood pressure checking 10am to 12pm (tues except public holidays) at maksak, likas. details: (kk) anna 211282, dennis 016-8189110, dr. epin 019-8101937, joe jominol 013-8692888.

Agriculture Institute of Sabah Alumni Association membership drive. information to obtain membership forms from various district near you, contact maidah 019-8414088 or leong 019-8515893 or email exipstm@yahoo.com.my.

Sabah Society for the Deaf Education Centre registration for pre-school deaf children ages 2 - 6 & hearing siblings ages 2 - 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premises, jln ukm lama bukit pandang. details: kk (hq) ms chin 230894, sandakan mdm wong 089-219160, keningau ms mahinah 087-339716.

Kent Teachers College Alumni Association membership drive. membership forms are available at all district education offices in sabah. details: a. tajuddin 787581, 019-537-1178 or eddy berhan 016-8223757.

Kota Kinabalu City Bird Sanctuary resources library is free for public to use. details: 246955 or fax: 247955.

Kiwanis Down Syndrome Foundation KK Centre open to all, accept children with downs syndrome below the age of 7. details: raneh 219809, fax: 219808.

Sabah Tham Clan Association statewide membership recruitment exercise. contact: william 088-214816 or 016-8389282.

Consumers' Association of Sabah & Labuan F.T (Cash & Ift) seminar / talks consumer issues-your rights as consumer, how to complain and get effective results, know about consumer laws, tribunal for consumer claims, environmental, human rights & civil society. except saturday, sunday and public holiday. tel/fax: 234616 datuk patrick sindu (jp) 019-811-7369 or ps_sindu@tmnet.my

United Pasokmomogun Kadazandusun Murut Organisation (UPKO) offer opportunities to the public to voice their complaints on various issues and offer advice to the com-

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plainants on how to go about their grouses. monday to friday.
call: 721722 & 721723 or homepage:www.upko.org.my

Queen Elizabeth Hospital Welfare & Cultural Association
nursery and day-care centre open for registration for members
& non-members. details: lucia at tel: 210194 (after office hours).

Alcoholics Anonymous meeting. help available for those with
alcohol related problems. *anonymity assured*. meetings in eng-
lish every tuesday at 8pm. bahasa malaysia every thursday at
7pm. details: 012-8039883 (eng) or 016-8386386 (bm).

Kota Kinabalu Toastmasters Club training can assist you to
enhance your communication and leadership skills. kk toast-
masters club meets every 2nd 4th tuesdays at celyn hotel, city
mall. time: 7.30pm. details: florence 012-8038812 or karen 016-
8387723 or www.kktmc.org