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Charities, Ngos

February 23 (Tuesday)

Sabah Credit Corporation Blood Donation Campaign in conjunction with SCC 55th Anniversary to support the Blood Bank, Q.E Hospital.

February 18 (Thursday)

Kota Kinabalu Advanced Toastmasters Club Chinese New Year themed meeting. Time: 7.30pm. Venue: Kinabalu College, Room 6, 3rd Floor, Wisma Sabah, KK. Details: Bakar 238271 or Richard 016-8322586.

February 23 (Tuesday)

Kota Kinabalu Toastmasters Club Training Meeting that gives us the confidence to stand up and speak anytime, anywhere and in any situation. Time: 7.30pm. Venue: Celyn Hotel, City Mall. Details: Florence 012-8038812 or Karen 016-8387723. Visit: www.kktmc.org

February 24 (Wednesday)

SWEPA Toastmasters Club Training Meeting. All ladies are welcome to join to enhance your public speaking, communication and leadership skills. Venue: Celyn Hotel, City Mall. Theme: Chinese New Year. Time: 7.15pm Registration. Details: Hanaa 013-8861153, Lai 013-8868611 or Rosie 016-8320500.

March 12 (Friday)

Toastmasters Area K1 & Area K4 International Speech and Table Topics Contest 2010. Time: 7.15pm. Venue: SESB Building, Karamuning. All are welcome. Details: Ivy 012-8333207 or Sylvia 016-8328863.

Hospital Visitors Board Of Queen Elizabeth Hospital our role is to help the public who seek medical services at QEH to have a satisfying experience – if you have problems with the hospital services, please approach us. call: 517555. fax: 234297 or email: ckmalph@gmail.com.

Breast Cancer Support Group – reach to recovery (rtr), sabah family planning association listening and offering emotional support to newly and existing diagnosed breast cancer patients and their families. details: bhabra 019-8819603, 224408, kim 016-8155212 / 430341 or lucilla 019-8101826 / 210570.

The Kota Kinabalu AIDS Support Services Association (KASIH) help line & free voluntary hiv screening tests; except sun & public holidays. office hours. time: 9am to 5pm. fri: 6pm to 9pm. sat: 4pm to 7pm. provide confidential / free voluntary hiv screening test (rapid test) during office hours, mon to fri. result available 10 to 15 minutes. details: 224600.

National Stroke Association of Malaysia Sabah club wisma pandu puteri, kompleks badan-badan sukarela, km 4, jalan tuaran, kk. therapy sessions: 10am to 4pm. mon to fri. closed on sat, sun & public holidays. details: 261568.

Federation of Private Medical Practitioners Association of Malaysia (FPMPAM) the public can obtain medical opinions, referrals or treatment for crisis intervention, detoxification, prevention & counselling for drug abuse via www.no2drugs.org.

Sabah Health Department (KPAS Unit) health talk and employment safety (2nd & 4th friday of the month). free admission. all are welcome. details: en harman 217408, 871877. fax: 217740 or email: kbrusell@gmail.com

Special Olympics Sabah weekly jogging exercise (so west coast). details: 016-8807703 or 223221.

Kota Kinabalu Falun Gong exercise sessions every saturday & sunday. free of charge. all are welcome, details: kota kinabalu 013-870-6558 sandakan 089-229626, 089-229023 and tawau 019-8536333.

The Cancer Society Of Sabah provide services on hospice, cancer awareness / education, rural health project. hotline / counselling pertaining to cancer & clinic by a lady consultant gynaecologist. details: 210377 or 222315.

The Befrienders Kota Kinabalu listening to problems from the public and offering emotional support. open on weekdays from 7pm 10pm. call: 255788 or 259788.

Sabah Society For The Deaf registration for pre-school deaf children ages 2 – 6 & hearing sibling ages 2 – 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premise, jalan khidmat, bukit padang, kk. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

People for the Ethical Treatment of Animal (PETA) details: anneleefm@yahoo.com, anneleefm@gmail.com or call: 253485 or visit www.peta.org, www.spcal.org and cat training toilet program: www.kittygoespotty.com. cats protectors: www.cats.org.uk and dog doctor : www.animalasia.org, www.wspca.org.uk and the stray cat care and protection trap, neuter, return : www.stray-catalliance.org

Sabah Society for the Deaf registration for sign language class. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

Sabah Women Action Resource Group (SAWO) helpline to provide free & confidential counselling services & information to members of public. call: 280200 mon to fri. time: 9am to 1pm.

Penampang Cash offers the public an avenue to voice their complaints on consumerism issues. call: 013-8515505 or 729681 (o).

D-dash Compact Car Club welcomes all perodua and compact car owners to join in the club membership. for more info on club weekly gathering and events contact martin 019-8036019 or d-dashclub.fotopages.com.

Malaysian Trade Union Congress (MTUC) Sabah Division provides free consultation & advice to all workers. details: simon 013-8665897, harold 019-8965304, catherine 013-8503039, malsu 019-8002118 or chang 016-5836670.

Sabah Government Pensioners' Association membership recruitment exercise & pensioners' problem 9.30am to 1.30pm (tues- fri, except public holidays) blood pressure checking 10am to 12pm (tues except public holidays) at maksak, likas. details: (kk) anna 211282, dennis 016-8189110, dr. epin 019-8101937, joe jominol 013-8692888.

Agriculture Institute of Sabah Alumni Association membership drive. information to obtain membership forms from various district near you, contact maidah 019-8414088 or leong 019-8515893 or email exipstm@yahoo.com.my.