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## Charities, Ngos

### February 23 (Tuesday)

**Sabah Credit Corporation Blood Donation Campaign** in conjunction with SCC 55<sup>th</sup> Anniversary to support the Blood Bank, Q.E Hospital.

### February 18 (Thursday)

**Kota Kinabalu Advanced Toastmasters Club** Chinese New Year themed meeting. Time: 7.30pm. Venue: Kinabalu College, Room 6, 3<sup>rd</sup> Floor, Wisma Sabah, KK. Details: Bakar 238271 or Richard 016-8322586.

### February 23 (Tuesday)

**Kota Kinabalu Toastmasters Club** Training Meeting that gives us the confidence to stand up and speak anytime, anywhere and in any situation. Time: 7.30pm. Venue: Celyn Hotel, City Mall. Details: Florence 012-8038812 or Karen 016-8387723. Visit: [www.kktmc.org](http://www.kktmc.org)

### February 24 (Wednesday)

**SWEPA Toastmasters Club** Training Meeting. All ladies are welcome to join to enhance your public speaking, communication and leadership skills. Venue: Celyn Hotel, City Mall. Theme: Chinese New Year. Time: 7.15pm Registration. Details: Hanaa 013-8861153, Lai 013-8868611 or Rosie 016-8320500.

### March 12 (Friday)

**Toastmasters Area K1 & Area K4** International Speech and Table Topics Contest 2010. Time: 7.15pm. Venue: SESB Building, Karamuning. All are welcome. Details: Ivy 012-8333207 or Sylvia 016-8328863.

**Hospital Visitors Board Of Queen Elizabeth Hospital** our role is to help the public who seek medical services at QEH to have a satisfying experience – if you have problems with the hospital services, please approach us. call: 517555. fax: 234297 or email: [ckmalph@gmail.com](mailto:ckmalph@gmail.com).

**Breast Cancer Support Group** – reach to recovery (rtr), sabah family planning association listening and offering emotional support to newly and existing diagnosed breast cancer patients and their families. details: bhabra 019-8819603, 224408, kim 016-8155212 / 430341 or Lucilla 019-8101826 / 210570.

**The Kota Kinabalu AIDS Support Services Association (KASIH)** help line & free voluntary hiv screening tests, except sun & public holidays. office hours. time: 9am to 5pm. fri: 6pm to 9pm. sat: 4pm to 7pm. provide confidential / free voluntary hiv screening test (rapid test) during office hours, mon to fri. result available 10 to 15 minutes. details: 224600.

**National Stroke Association of Malaysia Sabah** club wisma pandu puteri, kompleks badan-badan sukarela, km 4, jalan tuaran, kk. therapy sessions: 10am to 4pm. mon to fri. closed on sat, sun & public holidays. details: 261568.

**Federation of Private Medical Practitioners Association of Malaysia (FPMPAM)** the public can obtain medical opinions, referrals or treatment for crisis intervention, detoxification, prevention & counselling for drug abuse via [www.no2drugs.org](http://www.no2drugs.org).

**Sabah Health Department (KPAS Unit)** health talk and employment safety (2nd & 4th friday of the month). free admission. all are welcome. details: en harman 217408, 871877. fax: 217740 or email: [kbrusell@gmail.com](mailto:kbrusell@gmail.com)

**Special Olympics Sabah** weekly jogging exercise (so west coast). details: 016-8807703 or 223221.

**Kota Kinabalu Falun Gong** exercise sessions every saturday & sunday. free of charge. all are welcome, details: kota kinabalu

013-870-6558 sandakan 089-229626, 089-229023 and tawau 019-8536333.

**The Cancer Society Of Sabah** provide services on hospice, cancer awareness / education, rural health project. hotline / counselling pertaining to cancer & clinic by a lady consultant gynaecologist. details: 210377 or 222315.

**The Befrienders Kota Kinabalu** listening to problems from the public and offering emotional support. open on weekdays from 7pm 10pm. call: 255788 or 259788.

**Sabah Society For The Deaf** registration for pre-school deaf children ages 2 – 6 & hearing sibling ages 2 – 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premise, jalan khidmat, bukit padang, kk. details: kk – wong 230894, sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

**People for the Ethical Treatment of Animal (PETA)** details: [anneleefm@yahoo.com](mailto:anneleefm@yahoo.com), [anneleefm@gmail.com](mailto:anneleefm@gmail.com) or call: 253485 or visit [www.peta.org](http://www.peta.org). [www.spcal.org](http://www.spcal.org) and cat training toilet program: [www.kittygoespotty.com](http://www.kittygoespotty.com). cats protectors: [www.cats.org.uk](http://www.cats.org.uk) and dog doctor : [www.dvmalaysia.org](http://www.dvmalaysia.org), [www.wspca.org.uk](http://www.wspca.org.uk) and the stray cat care and protection trap, neuter, return : [www.straycatalliance.org](http://www.straycatalliance.org)

**Sabah Society for the Deaf** registration for sign language class. details: kk – wong 230894 sandakan – wong 089-219160, keningau – mahinah 087- 339716, kudat – chin 622697, lahad datu – asmah 089-887895.

**Sabah Women Action Resource Group (SAWO)** helpline to provide free & confidential counselling services & information to members of public. call: 280200 mon to fri. time: 9am to 1pm

**Penampang Cash** offers the public an avenue to voice their complaints on consumerism issues call 013-8515505 or 729681 (o).

**D-dash Compact Car Club** welcomes all perodua and compact car owners to join in the club membership. for more info on club weekly gathering and events contact martin 019-8036019 or d-dashclub.fotopages.com.

**Malaysian Trade Union Congress (MTUC) Sabah Division** provides free consultation & advice to all workers details: simon 013-8665897, harold 019-8965304, catherine 013-8503039, malsu 019-8002118 or chang 016-5836670.

**Sabah Government Pensioners' Association** membership recruitment exercise & pensioners' problem 9.30am to 1.30pm (tues- fri, except public holidays) blood pressure checking 10am to 12pm (tues except public holidays ) at maksak. likas. details: (kk) anna 211282, dennis 016-8189110, dr. epin 019-8101937, joe jominot 013-8692888.

**Agriculture Institute of Sabah Alumni Association** membership drive. information to obtain membership forms from various district near you, contact maidah 019-8414088 or leong 019-8515893 or email [exipstrm@yahoo.com.my](mailto:exipstrm@yahoo.com.my).

**Sabah Society for the Deaf Education Centre** registration for pre-school deaf children ages 2 - 6 & hearing siblings ages 2 - 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: ssd premises, jln ukm lama bukit padang. details: kk (hq) ms chin 230894, sandakan mdrm wong 089-219160, keningau ms mahinah 087-339716.