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## Charities, Ngos

### September 14 (Wednesday)

**Corporate Dynamics Blood Donation Campaign and Health Examination 2011.** Venue: Ground Floor, Block B, KWSP building, Karamunsing. Time: 8am to 4.30pm. Lucky draws will be held for qualified donors and "free" health examination. YB Datuk Dr Marcus M. Mojigoh will be officiating this event. Details: 233511.

### October 2 (Sunday)

**Kinabalu Hemodialysis Association of Sabah Charity Bazaar** in conjunction with its 6<sup>th</sup> Anniversary celebration. Venue: Likas Sports Complex Hall. Time: 8am to 3pm. The public are invited to participate in the fundraising event, all proceeds will go to providing quality dialysis treatments for poor kidney patients. Programmes: Garage sales or new and used items, food and games stalls, health awareness exhibition with free of charge blood pressure test, karaoke sessions, instant lucky dips with lots of attractive prizes to be won – special appearance by Ms Bo Tiza Disimon (2011 State Unduk Ngadau winner). Details: Rachel 017-8359982, Neilly 019-8528959.

**Che Hor Khor Moral Uplifting Society** Recycling collection station. waste paper (newspaper, cardboard boxes, magazines, books, phone books, paper bags and clothing). *open on the first sunday of every month.* Time: 8am to 11.30am. Venue: Fortuna Commercial Centre, Mile 2.5, Penampang road. Details: 224535 or Lee 013-8567968.

### Regular Events

**Habitat For Humanity (Kota Kinabalu Affiliate)** invites volunteers for building homes for the needy at *Kampung* around districts of Tuaran and Kota Belud. In conjunction with our "Borneo Build" we are receiving Global Village Volunteers to participate in our "Habitat Home Build Program" (June 5 – Dec 2011). No special skills are required but if you possess skills in masonry and carpentry will be a great help. Details: 243080 (Mon – Fri, 9am to 5pm) Sat, 9am – 12.30pm)

**Laughter in Kota Kinabalu** Come laugh with us, good basic exercise and best medicine to unwind the negative effects of stress. All are welcome. Every Thursdays – The Palace Hotel, KK at 6.30pm. Every Saturdays – Tun Fuad Park (Bukit Padang) at 7.30am.

**Kinabalu Breast Cancer Support Association (Kinabalu Pink Ribbon)** Offering emotional support & counselling to the newly diagnosed breast cancer patients & providing supportive & educational materials to patients diagnosed with breast cancer. 24 Hours Kinabalu Pink Ribbon Careline 016-8038553. Office: 252537 or Facebook: Kinabalu Pink Ribbon.

**Sabah Mental Health Association** PKJS Day Care Centre is open to suitable candidate and it carries out several activities on weekdays. Details: 248197.

**Alamesra Youth-PREP Centre** Provides a place for youths

to seek professional assistance and support on issues such as education, relationships, work, family, financial stability. Also provides Sabahan youths with a "point of reference" particularly for those who are deciding to leave home for the first time and to provide contact points for youths intending to work in West Malaysia & Singapore. Venue: Ground Floor, Lot 25, Block E, Lorong Plaza Utama 1, Alamesra, Jalan Sulaman. Opening Hours: Weekdays 9am to 5pm, Saturdays 9am to 4pm. Sunday & Public Holidays (closed). Tel: 485371 or fax: 485373. Email: youthprepcentre@gmail.com

**Hospital Visitors Board Of Queen Elizabeth Hospital** our role is to help the public who seek medical services at QEH to have a satisfying experience – if you have problems with the hospital services, please approach us. Call: 517555. Fax: 234297 or Email: ckmalph@gmail.com.

**The Kota Kinabalu AIDS Support Services Association (KASIH)** help line & free voluntary HIV screening tests, except sun & public holidays. office hours. time: 9am to 5pm. Fri: 6pm to 9pm. sat: 4pm to 7pm. provide confidential / free voluntary HIV screening test (rapid test) during office hours, Mon to Fri. result available 10 to 15 minutes. Details: 712914 or email: kasihsabah@yahoo.com

**National Stroke Association of Malaysia Sabah Club** Wisma Pandu Puteri, Kompleks Badan-Badan Sukarela, km 4, Jalan Tuaran, KK. Centre's opening Hours: 9am to 5pm. Mon to Fri, closed on Sat, Sun & Public holidays. Details: 261568.

**Federation of Private Medical Practitioners Association of Malaysia (FPMPAM)** the public can obtain medical opinions, referrals or treatment for crisis intervention, detoxification, prevention & counselling for drug abuse via [www.no2drugs.org](http://www.no2drugs.org).

**Sabah Health Department (KPAS Unit)** Health talk and employment safety (2nd & 4th Friday of the month). Free admission. all are welcome. Details: Harman 217408, 871877. Fax: 217740 or email: kbrusell@gmail.com

**Special Olympics Sabah** Weekly jogging exercise (so west coast). Details: 016-8807703 or 223221.

**Kota Kinabalu Falun Gong** Exercise sessions every Saturday & Sunday. Free of charge. All are welcome, Details: Kota Kinabalu 013-870-6558 Sandakan 089-229626, 089-229023 and Tawau 019-8536333.

**The Cancer Society Of Sabah** Provide services on hospice, cancer awareness / education, rural health project. hotline / counselling pertaining to cancer & clinic by a lady consultant gynaecologist. Details: 210377 or 222315.

**The Befrienders Kota Kinabalu** Listening to problems from

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the public and offering emotional support. open on weekdays, including Saturday & Sunday from 7pm 10pm. Call: 255788 or 259788.

**Sabah Society For The Deaf** Registration for pre-school deaf children ages 2 – 6 & hearing sibling ages 2 – 4. Language Development & Vocational Programme for deaf children & adults ages 8 and above. Venue: SSD premise, Jalan Khidmat, Bukit Padang, KK. Details: KK – Wong 230894, Sandakan – Wong 089-219160, Keningau – Mahinah 087- 339716, Kudat – Chin 622697, Lahad Datu – Asmah 089-887895.

**People for the Ethical Treatment of Animal (PETA)** Details: [anneleefm@yahoo.com](mailto:anneleefm@yahoo.com), [anneleefm@gmail.com](mailto:anneleefm@gmail.com) or call: 253485 or visit [www.peta.org](http://www.peta.org), [www.spcal.org](http://www.spcal.org) and cat training toilet program: [www.kittygoespotty.com](http://www.kittygoespotty.com). cats protectors: [www.cats.org.uk](http://www.cats.org.uk) and dog doctor : [www.animalasia.org](http://www.animalasia.org), [www.wspca.org.uk](http://www.wspca.org.uk) and the stray cat care and protection trap, neuter, return : [www.straycatalliance.org](http://www.straycatalliance.org)

**Sabah Society for the Deaf** Registration for Sign Language Class. Details: KK – Wong 230894, Sandakan – Wong 089-219160, Keningau – Mahinah 087- 339716, Kudat – Chin 622697, Lahad Datu – Asmah 089-887895.

**Sabah Women Action Resource Group (SAWO)** Helpline to provide free & confidential counselling services & information to members of public. call: 280200 Mon to Fri. time: 9am to 1pm.

**D-Dash Compact Car Club** Welcomes all Perodua and compact car owners to join in the club membership. for more info on club weekly gathering and events contact martin 019-8036019 or [d-dashclub.fotopages.com](http://d-dashclub.fotopages.com).

**Malaysian Trade Union Congress (MTUC) Sabah Division** provides free consultation & advice to all workers. Details: Simon 013-8665897, Harold 019-8965304, Catherine 013-8503039, Malsu 019-8002118 or Chang 016-5836670.

**Sabah Government Pensioners' Association** Membership recruitment exercise & pensioners' problem 9.30am to 1.30pm (Tues- Fri, except public holidays) blood pressure checking 10am to 12pm (Tues except public holidays ) at Maksak, Likas. Details: (KK) Anna 211282, Dennis 016-8189110, Dr. Epin 019-8101937, Joe 013-8692888.

**Agriculture Institute of Sabah Alumni Association** Membership drive. Information to obtain membership forms from various district near you, contact Maidah 019-8414088 or Leong 019-8515893 or email [exipstm@yahoo.com.my](mailto:exipstm@yahoo.com.my).

**Sabah Society for the Deaf Education Centre** Registration for pre-school deaf children ages 2 - 6 & hearing siblings ages 2 - 4. language development & vocational programme for deaf children & adults ages 8 and above. venue: SSD premises, Jln UKM Lama Bukit Padang. Details: KK (Hq) Chin 230894, Sandakan wong 089-219160, Keningau mahinah 087-339716.

**Kent Teachers College Alumni Association** Membership drive. membership forms are available at all district education offices in Sabah. Details: Tajuddin 787581, 019-537-1178 or Eddy 016-8223757.

**Kota Kinabalu City Bird Sanctuary** Resources Library fs free for public to use. Details: 246955 or fax: 247955.

**Kiwanis Down Syndrome Foundation KK Centre** Open to all, accept children with Downs Syndrome below the age of 7. Details: Raneh 219809, Fax: 219808.

**Consultancy Services & Training Centre For Consumerism, Environmental & Human Rights Seminar /**

talks consumer issues-your rights as consumer, how to complain and get effective results, know about consumer laws, tribunal for consumer claims, environmental, human rights & civil society. except Saturday, Sunday and Public Holiday. Tel/fax: 234616 Datuk Patrick Sindu (JP) 019-811-7369 or [ps1@tm.net.my](mailto:ps1@tm.net.my)

**United Pasokmomogun Kadazandusun Murut Organisation (UPKO)** Offer opportunities to the public to voice their complaints on various issues and offer advice to the complainants on how to go about their grouses. Monday to Friday. call: 721722 & 721723 or homepage:[www.upko.org.my](http://www.upko.org.my)

**Queen Elizabeth Hospital Welfare & Cultural Association** Nursery and Day-care centre open for registration for members & non-members. Details: Lucia at Tel: 210194 (after office hours).

**Alcoholics Anonymous** Meeting. help available for those with alcohol related problems. *anonymity assured*. meetings in English every Tuesday at 8pm. Bahasa Malaysia every Thursday at 7pm. Details: 012-8039883 (eng) or 016-8386386 (bm).

**Malaysian Ex-Police Association (Penampang Branch)** Membership recruitment exercise and other related matters. time: 2pm to 5pm (Wednesday, Thursdays & Friday), except public holidays. Venue: PME, 1<sup>st</sup> floor, Lot 3, Block 15, Penampang Baru (Protem office). Details: Joseph 016-8213013, 710557 (o) or 714557 (fax).

**Palliative Care Association of Kota Kinabalu (Sabah)** Day Care Centre Every Thursday from 9am to 1pm at PWD 7396 & 7397, Taman Rose, Off Jalan Penampang for mobile patients who are registered under our Home Care Programme. We help you to care for your loved ones. Free Home Care Support service for your family members, relatives or friends who are diagnosed with advanced cancers. Referrals may be from private / government hospital or self referred. Details: Patricia 231505 or 257507.

**La Salle Old Boys' (Class of 83)** Monthly gathering (1st Friday of every month). Venue: Al fresco café, Lintas Plaza. Time: 8pm (committee meeting at 7pm). Details: Boniface 019-8022148, Benjamin 019-8808276, James 019-8106161, Bernard 019-8608018, Barry 016-8405320, Danny 016-8469067, Bartholomew 0168301000, Christopher 013-8603013, Lai 016-8361940, Zainuddin 019-8829258.

**KK Mandarin Toastmasters Club** Regular Training Meeting. Time: 7.30pm. (2nd & 4th Friday of each month). Venue: Lot K, 1st floor, Khidmat arcade (above Khidmat supermarket), Lorong 5, Taman Khidmat Kolombong. Details: Randy 012-8285678 or Doreen 019-8808212.

**Fama Pasar Tani Asia City.** variety of vegetables, fishes, sugar cane juice, soya bean milk, pastries and many other food items will be on sale. every Wednesday & Saturday. Time: 6am to 5pm. all are welcome. Details: Wasri 013-5555451.

**Habitat For Humanity KK** we welcome volunteers to join us in our house builds on Saturdays. those with masonry & carpentry skills are most welcome. Details: 243080.

**PEWASA ICT** class every Saturday. Venue: head office, Beverly Hill Plaza. free-of-charge. Details: Anne 019-8118161 or Hasnah 016-8107083.

**The Sandakan Lawyers** free legal aid service to the public on the Saturday of every fortnight. Time: 10am to 12pm. All are welcome. Details: 215609.