

Headline	Women focus more on beauty than health		
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Women focus more on beauty than health

WOMEN in Malaysia are focusing more on beauty and life full of excitement as compared to personal health, Women, Family and Community Development Minister Datuk Seri Shahrizat Abdul Jalil said.

As such, she said the women also had the tendency to ignore various aspects of healthcare, including practising a healthy lifestyle, healthy diet and exercising.

Shahrizat, who is also Wanita Umno Chief, said being busy with household chores or careers should not be an excuse for women to ignore personal healthcare.

“Women must be in good health, physically and mentally, so that they will be able to discharge their duties as a mother and a wife,” she said when opening the Health Carnival organised by Wanita Umno in conjunction with the 2011 Umno General Assembly.

The carnival, which is the eighth in its series, was organised with the cooperation the Malaysian Health Promotion Board (MySihat), Melaka Stroke Foundation and the Malaysian Aids Council.

Meanwhile, MySihat Programme Planning and Evaluation Division Director, Arfah Mahani Amran, said they had always encouraged non-governmental organisations (NGOs) to organise promotional health campaign for the people nationwide.

She said 268 NGOs had applied for funds amounting to RM4 million from MySihat to promote healthy lifestyle since 2007. – Bernama