

Headline	WHEN HERO TO ZERO IS A GOOD THING		
MediaTitle	FHM		
Date	08 Dec 2012	Color	Full Color
Section	NEWS	Circulation	25,000
Page No	103	Readership	50,000
Language	English	ArticleSize	507 cm ²
Journalist	N/A	AdValue	RM 4,948
Frequency	Monthly	PR Value	RM 14,845



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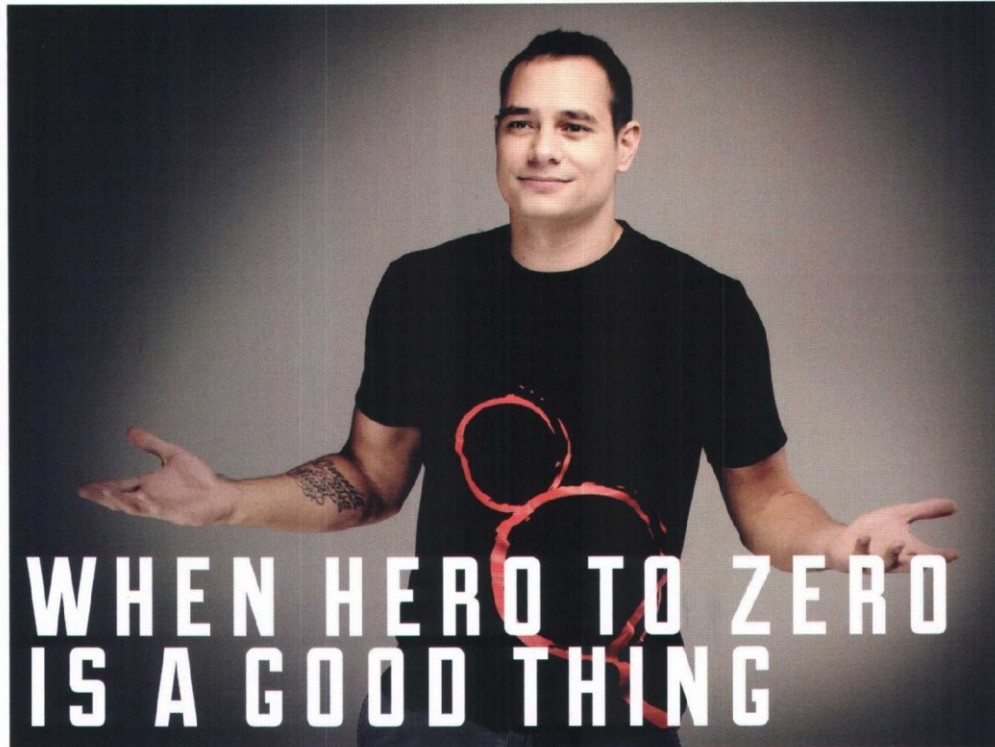
AIDS /HIV
IN MALAYSIA
BY THE
NUMBERS
(UP TO DECEMBER 2011)

94,841
PEOPLE LIVING
WITH HIV
(REPORTED CASES)

17,686
PEOPLE LIVING
WITH AIDS
(REPORTED CASES)

**PERCENTAGE OF
MEN AND WOMEN
WITH HIV**
78.9%
MEN
21.1%
WOMEN

13,007
PEOPLE KILLED
BY AIDS



Joey G, a well-known DJ and TV personality, wants you to learn the truth about HIV and AIDS. He's among 13 local celebrities lending their voices and talents to the Malaysian AIDS Council's (MAC) Red Ribbon Celebrity Supporters group. Their aim: to educate the public about safe sex, HIV and AIDS. Want to know what's good for you? Then read on!

PLAY IT SAFE

"With sex comes responsibility – the responsibility to ensure that the health of you and your partner is protected. Know when to say 'No' and if sex must happen, protection is non-negotiable! Condoms are by far the most effective method of protecting against HIV and other STIs."

GET TESTED!

"If you've exposed yourself to behaviours that put you at greater risk of contracting HIV, please consult the nearest government health-care facility or NGO-run health centre for HIV testing and counselling. The test is quick and painless, and the service is free and widely available to everyone."

CELEBRATE WORLD AIDS DAY 2012

"Join MAC to celebrate World AIDS Day on the **1st of December!** Each year on this date, people from around the world get together with the single aim of raising awareness about HIV and to express global solidarity with people living with HIV. The theme for this year's World AIDS Day is 'Getting to Zero' – zero new HIV infections, zero discrimination, and zero AIDS-related deaths. To learn more the campaign, log on to www.mac.org.my now!"

UNDERSTAND YOUR VULNERABILITIES

"If you think you couldn't possibly be exposed to HIV, think again. Most young people don't realise how vulnerable they are to HIV infections and other sexually transmitted infections (STIs). The frightening reality remains that an increasing number of people are being infected by HIV through sexual transmission, which now constitutes nearly 50% of new HIV infection cases in Malaysia (2011 Ministry of Health statistic)."



THE RED RIBBON

Thirty years after the first cases of HIV, the red ribbon is the universal symbol of awareness and support for those living with HIV. The red ribbon is the first ribbon symbol, inspiring later versions such as a pink variation for breast cancer awareness.

Source: www.worldaidsday.org



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