

Headline	HIV raises cardiac risk		
MediaTitle	Daily Express (KK)		
Date	13 Mar 2013	Color	Black/white
Section	Health	Circulation	30,557
Page No	21	Readership	97,836
Language	English	ArticleSize	76 cm <sup>2</sup>
Journalist	N/A	AdValue	RM 157
Frequency	Daily (EM)	PR Value	RM 470



## HIV raises cardiac risk

WASHINGTON: Being HIV-positive raises a person's heart attack risk by about 50 per cent, said a study released Monday that confirms earlier findings.

The study looked at 82,459 US veterans, the vast majority of them men. It was published in *Archives of Internal Medicine*, a publication of the *Journal of the American Medical Association*.

It said that in three age groups, the average incidence of heart attack was consistently and significantly higher for people who are HIV-positive, compared to uninfected veterans.

After adjusting for illness, smoking, alcohol consumption and risk factors such as high blood pressure and cholesterol, the HIV-positive subjects in the study had a 50 per cent higher risk of heart attack than uninfected people.

The research was led by Matthew Freiberg of the University of Pittsburgh School of Medicine.

Several studies have shown that chronic activation of the immune system because of HIV infection prior to antiretroviral therapy seems to cause inflammation that apparently speeds up the ageing process and leaves a person more vulnerable to illnesses associated with growing older. — AFP