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## A 370km ride for HIV/AIDS patients

RIDE for Life is back for the fourth edition, after a hiatus of five years, with a mission to raise RM200,000 for the Positive Audacious Living (PAL) Scheme under the Malaysian AIDS Foundation (MAF).

Jointly organised by MAF and Pedalholics Cycling Club, the event will take place from Sept 21 to 24 where the cyclists will cover about 370km from Trolak in Perak to Batu Ferringhi, Penang.

Besides raising funds, over 300 cyclists in the four-day charity ride are also expected to give out flyers to spread messages of HIV awareness and prevention during stopovers at the smaller towns along the route.

"The funds will be channelled to PAL Scheme to provide subsidies for anti-retroviral medicines to low-income people living with HIV.

"We need a least RM400,000 a year to run the scheme," said its project manager Alan Hbw during the event launch recently at Hydro

Hotel Penang, Batu Ferringhi.

Also present at the launching were Tanjung Bungah assemblyman Teh Yee Cheu, Hydro Hotel Penang general manager M. Kumar, PCC representative James Bak, Abbott Laboratories (M) Sdn Bhd representative Matthew Boey Meng Hooi and the ambassador of Ride for Life 2012 Fahrin Ahmad.

The entry fee for the ride is RM500 per person, inclusive of jersey, accommodation, farewell dinner and return bus ticket to Trolak from Penang.

Cyclists will be entertained by local artistes Dayang Nurfaizah and Bob Yusof during the dinner.

Those who wish to cycle for a shorter distance can opt to participate in the round island and heritage city ride on the third day at RM125.

Online registration is now open at [www.ebakz.com](http://www.ebakz.com). For details, contact How at 012-4847437 or Bak at 012-2221200.