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What one Viva Glam can do ...

United States

- » Pay for one hour of respite care for a family living with HIV.
- » Purchase five meals for a person living with HIV.
- » Pay for 14 bus passes for people living with HIV to attend their doctor's appointment.
- » Purchase four female condoms, including lubricant packages.
- » Purchase one flu shot for a person living with HIV/AIDS.
- » Provide three days of groceries to a person who can't afford basic nutritional sustenance.
- » Provide one PLWHA with a 30-minute meeting with a peer educator to help with treatment, care and prevention.
- » Provide one person with HIV/AIDS a nutritionally-appropriate and home-delivered breakfast, lunch and dinner.
- » Purchase two "Nausea Care Packs" – special deliveries of food for people experiencing nausea from HIV medica-

tions.

- » Purchase 185 HIV-resource cards to distribute in NYC's public schools.
- » Pay for 25 cans of Ensure Plus (nutritional supplement).
- » Pay for seven hot/frozen meals for one homebound person living with HIV/AIDS.
- » Buy a week's worth of groceries for someone who is homebound and disabled by HIV/AIDS.
- » Provide 280 condoms for LGBTQ youth and young adults to better protect themselves and each other from HIV and other STDs.
- » Pay for three rapid HIV-testing units.
- » Provide a water filter to ensure a clean drinking source for a client living with HIV/AIDS.
- » Cover the cost of 32 safe sex kits (includes plastic bag, three condoms, lubricant and instructions).

WORLDWIDE (General)

- » Purchase 575 condoms.
- » Buy HIV tests for 14 people.
- » Pay for the transportation costs for four HIV patients to come to medical clinics.
- » Pay for an 87-day supply of a new child friendly HIV tablet for treating paediatric AIDS.